

# Psychology Undergraduate Internship Placement Proposal Form – Restormel Integrated Community Mental Health Team

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## **Speciality/Team**

(please give details of both specialties/teams if you are offering a joint placement)

Restormel Integrated Community Mental Health Team (iCMHT)

## **Location of Placement**

We have opportunities in our community mental health team based in St Austell and Newquay

## **Accessibility:**

Is a car required to undertake this placement?

Yes

## **Description of Role:**

Include key tasks and opportunities

We are looking for enthusiastic and motivated individuals with great interpersonal skills, a willingness to learn and a passion for supporting people with mental health difficulties in the community. The right candidates will be greatly valued as team members and supported to progress their careers.

You will be supported by the team's Counselling Psychologist to develop and be part of the teams growing psychology service.

Your role will involve working with a range of clients with varying levels of difficulties and needs, and staff to gather relevant information (e.g. using semi-structured interviews and self-reporting questionnaires). You will be asked to input, manage, and analyse this and other data to support clinical work and service evaluation. There will also be opportunities to contribute to neuropsychological assessment work to inform diagnosis. Other duties will likely include:

- Contributing to MDT and professionals meetings
- Liaising closely with other professionals in the team including CBT therapist, Clinical Associate Psychologist (CAP), CAT therapist, OTs, social workers, care-coordinators, CPN's and support workers to ensure effective planning and delivery of services

- Understanding the role of psychology within context of iCMHT and processes from assessment, treatment and eventual discharge.
- Conducting clinical note and literature searches, developing materials, managing materials and equipment, and writing reports to support clinical, training or research projects.
- Supporting group or individual therapy work alongside the qualified Counselling Psychologist/CBT therapist/Clinical Associate Psychologist (CAP) (e.g. contributing specific planned input to a group or individual intervention under live supervision).
- Assisting the Counselling Psychologist in delivering training for other professionals.
- Undertaking specified administrative support tasks (e.g. photocopying and filing).

**Preferred placement duration in weeks:**

(Between 30 weeks and 46 weeks not including annual leave allowance)

46 weeks

**Placement days:** (please tick)

3 days a week

4 days a week