

# Psychology Undergraduate Internship Placement Proposal Form – Home Treatment Team

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## **Speciality/Team**

(please give details of both specialties/teams if you are offering a joint placement)

Crisis Resolution Home Treatment Team, Adult Acute Mental Health Services

## **Location of Placement**

West Home Treatment Team, Longreach House, Camborne and Redruth Hospital site, Cornwall, TR15 3ER. There will be opportunities to spend time at the East HTT based at Bodmin Hospital if desired.

## **Accessibility:**

Is a car required to undertake this placement?

A car is preferable but not a requirement if you are able to get to the team base.

## **Description of Role:**

Include key tasks and opportunities

The Crisis Resolution Home Treatment Team is a well-established team of skilled and experienced professionals who are also working towards innovative service developments. A placement with us would provide an exciting opportunity to help develop our service across the county and learn about all the aspects of the role of a clinical psychologist including clinical assessment and therapeutic skills; team support and development; and research and evaluation skills - all applied within a fast paced clinical setting. A placement in this service offers an interesting position from which to learn about the development of mental health problems and a person's journey through different parts of the system.

The Home Treatment Team works intensively with people experiencing an acute mental health crisis and aims to have a solution oriented approach to intervention and recovery. We work with people in their own homes to prevent and/or offer an alternative to hospital admission. We have links with many other services and agencies such as mental health inpatient wards, psychiatric liaison services, community mental health teams, emergency services and social care, which you would have the opportunity to learn about and visit.

Your role will be to support the Clinical Psychologist with using assessment and formulation skills in order to help 'make sense' of clients' difficulties using a range of psychological models; developing psychologically informed care plans; and supporting other members of the team with developing psychological knowledge and skills. The role of psychology is relatively new in this team and is therefore evolving over time. We are keen to evaluate the effectiveness of our work and therefore there are lots of opportunities for applying research and evaluation skills to clinical practice with the potential to write up work with the aim of publication.

Specific duties would be likely to include:

- Gathering relevant information (e.g. by reviewing client case notes; using semi-structured interviews with clients, families and staff)
- Assisting the clinical psychologist in facilitating and writing up complex case discussion groups for staff.
- Conducting literature searches, developing materials, managing materials and equipment, and writing reports to support developing practice.
- Using a range of research methods including structured questionnaires to gather information about client, family and staff experiences of the service.
- Developing systems to manage data collection and analysis for service evaluation.
- Assisting the clinical psychologist in delivering training to staff.

The Home Treatment Team works with clients who are 'high risk', usually in terms of harm to themselves or risk of suicide. For this reason you will not complete independent clinical work. However, there will be opportunities to shadow and join other staff and you will be well supported by both the team as a whole and the team Clinical Psychologist.

We are looking for reliable and motivated individuals with a willingness to learn, reflect on your own thoughts and feelings and to work as a team. We aim to meet individual learning needs and interests of interns and therefore will try to be flexible and open-minded about specific projects or opportunities you identify. We will support you to link in with other psychology interns, assistant psychologists and trainee clinical psychologists. Maintaining a good work life balance and making the most of our beautiful Cornish setting will also be actively encouraged!

**Preferred placement duration in weeks:**

(Between 30 weeks and 46 weeks not including annual leave allowance)

Either.

**Placement days:** (please tick)

3 days a week

4 days a week  or 4 if a split placement

For further details regarding this placement area or to discuss any queries please contact:

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