



Edward Hain Centre – Winter Pilot

- **Do you know someone who would benefit from a six week programme of reablement led by the voluntary sector?**
- **Have any of your patients been in hospital recently and have lost confidence?**
- **Do you know anyone who is being discharged from hospital who would benefit from some social interaction and regular hot meals?**
- **Are you preparing a patient for discharge who has declined a package of care and help at home?**

The Edward Hain Centre is winter pilot which will open on 2 January 2019. Age UK and Cornwall Partnership NHS Foundation Trust are working in partnership to provide this pilot offer of a six week programme to people who would benefit from a person centred approach to build confidence, promote independence and link them in with other services in the community.

The Edward Hain Centre is offering a five day service Monday – Friday, 9am – 5pm based at Edward Hain Community Hospital with optional weekend support based at Pengarth Day Centre. The six week programme will offer:

- Meals
- Falls prevention and chair-based strength and balance training
- Foot care
- Community support teams
- Continuation of an existing therapy plan with support from third sector staff
- Reablement Support Worker to co-ordinate support
- Assistance with daily living tasks eg preparing hot drinks
- Social interaction and wellbeing activities
- Transport to and from Edward Hain during opening hours
- Access to and support with bathing

The pilot is aimed at:

- Penwith residents who are registered with a Penwith GP
- Adults who are discharged from hospital or who are already in their own home who would benefit from this programme
- People who are able to self-administer medication during the opening hours of the service (may need prompt)
- Adults who may benefit from social interaction and group activity
- People who can independently transfer with the assistance of one person

The pilot is not currently suitable for the following:

- Double handed package of care
- Anyone using mechanical equipment to transfer
- Erratic or unpredictable behaviour (that may pose a risk to others)
- Under 18s

We are open for referrals with immediate effect via the Age UK Helpline on **01872 266 383**.